



## ARF-Specialized Residential Treatment Criteria

**Specialized Residential Treatment:** A Residential Facility for San Diego residents who are diagnosed with a severe and persistent mental illness. These facilities are licensed as an Adult Residential Facility (ARF) and provide a higher level of care than an Augmented Services Board and Care. These facilities provide psychosocial programming and have clinicians on staff.

**The client must meet the following required admission criteria for a Specialized Residential Treatment facility:**

1. Is a current resident in a County funded LTC residential program (IMD, SNF Patch, County Funded SNF, NBU Patch, or State Hospital).
2. Is referred by the treatment team at the County funded LTC residential program.
3. Is a current resident in the State of California and have Medi-Cal eligibility for the County of San Diego.
4. Has SSI funding.
5. Is not entitled to comparable services through other systems, i.e. Veterans Affairs (VA), Regional Center, or private insurance.
6. Is assigned to a Case Management program funded by the County of San Diego.
7. Documentation is provided to show that all other alternatives including ASP Board and Care, traditional Board and Care, FSP case management, and case management have been attempted or there is documentation that these alternatives are not able to meet the client's needs.
8. Is not able to be maintained at a less restrictive level of care.
9. Has an adequately documented Title 9, DSM IV-TR Primary diagnosis of a serious, persistent, major mental disorder or an eating disorder; the primary diagnosis cannot be a substance abuse related disorder.
  - a. The symptoms must not be primarily a manifestation of a developmental disorder, dementia, or TBI.
  - b. May have a substance abuse diagnosis as a concurrent diagnosis.
  - c. May also have a concurrent Personality Disorder diagnosis, but diagnosis alone is not sufficient to meet criteria.
10. Has the potential to participate in an intensive psychosocial rehabilitation treatment program and the potential to progress to a less restrictive level of care.
11. Is gravely disabled as determined by the establishment of a temporary or permanent, public or private LPS Conservatorship by Superior Court.
12. Has a tuberculosis (TB) clearance within thirty days of application.
13. Has absence of current extreme dangerousness to self or others. This includes absence of chronic or recurrent episodes of assaultive behavior.

**And the client must meet at least one of the following clinical criteria (these criteria are not intended for use solely as a long-term solution to maintain stability acquired during treatment in a residential facility/program):**

- a. The client's psychosocial functioning has deteriorated to the degree that the client is at risk for being unable to safely and adequately care for themselves in the community or at a less restrictive setting.
- b. A lower level of care in which a client may be effectively treated is unavailable, an intensified schedule of ambulatory care or a change in the treatment plan has not proven effective, or community support services that might augment ambulatory mental health services and pre-empt the need for SNF Treatment is unavailable, insufficient, or inadequate.

Exceptions to criteria may be made by Optum Medical Director. County consultation may be requested by Optum.